

FIRST YEAR SEMINAR

___UCO 1200, HON 1515, or **WRC 1103** (3 of 6 s.h. will count here) or ___UCO MET* (0 s.h.)

*open to students who transfer at least 30 s.h. AND are classified as transfer students by Admissions. **The 30 s.h. must be completed prior to enrollment at ASU.** Students using this option will have 41 s.h. of General Education.

WRITING ACROSS THE CURRICULUM (6 s.h. required)

___R C 1000, LLC 1000, or **WRC 1103** (3 of 6 s.h. will count here)

___R C 2001 or **WRC 2001**

MAJOR REQUIREMENTS (hours count in major requirements)

___Junior Writing in the Discipline (“WID” on major Program of Study)

___Senior Capstone Experience (“CAP” on major Program of Study)

WELLNESS LITERACY (2 s.h. required)

Choose from the following:

1 s.h. courses: ___, ___P E 1530-1549, P E 1700-1877

2 s.h. courses: ___DAN 1405, 1410, 1420, 1430, 2405, 2410, 2420, or 2430, ___HPE 1000, ___MSL 1101, ___P H 1105, ___SSU 2280, 2480, 2580, or 4580

3 s.h. courses (additional hour may count as elective): ___DAN 4460, ___HPE 4320, ___NUT 2202, ___P E 1718

QUANTITATIVE LITERACY (4 s.h. required)

4 s.h. courses (These courses fully complete this requirement.):

___C S 2435, ___MAT 1010, ___MAT 1020, ___MAT 1110, ___STT 2820, ___**WRC 1010**

3 s.h. courses (These courses count toward, but do not fully complete, this requirement.):

___ECO 2100, ___ECO 2200, ___MAT 1035, ___STT 1810, ___STT 2810, ___STT 3820

1 s.h. courses (for students who transfer 3 s.h. of QL coursework): ___MAT 1005, ___STT 1805

If you have transferred 3 hours of QL coursework, please check with your advisor to see if your intended major requires a course which can count for the final QL hour.

SCIENCE INQUIRY requires 8 semester hours from one theme (underlined). Courses in themes marked with an * must be taken sequentially. Check the course descriptions for any pre- and/or co-requisites.

Biology in Society: BIO ___1201, ___1202, and ___1203 or (for transfer credit) BIO ___1201/1204 and ___1202/1205

The Blue Planet: GLY ___1104 and ___1105

* **Chemistry Connections to Our Changing World:** CHE ___1101/ 1110 and ___1102/1120

Global Environmental Change: choose 2 from: ___BIO 1103, ___GHY 1011, ___GHY 1012, ___GLY 1103, ___GLY 1104

* **How Things Work:** PHY ___1101 and ___1102

Life, Earth and Evolution: ___ANT 1430 and ___GLY 1102

* **The Physics of Our Technological World:** PHY ___1103 and ___1104

Physics of Self Expression: PHY ___1101 and ___1812 or PHY ___1812 and ___1814

* **Physics with Calculus:** PHY ___1150 and ___1151

Restless Planet: Earth, Environment and Evolution: choose 2 from: GLY ___1101, ___1102, ___1103

* **Voyages Through the Cosmos:** AST ___1001 and ___1002

NOTE: A 1 hour lab option *may* be available for students who have transferred in a 3 hour science lecture course. Please contact the Office of General Education at (828) 262-2028 or gened@appstate.edu for more information.

DESIGNATIONS (3 s.h. of each required); may be taken in Integrative Learning Experience or Liberal Studies Experience:

___ Fine Arts (FA), ___ Historical Studies (HS), ___ Literary Studies (LS), ___ Social Science (SS)

INTEGRATIVE LEARNING EXPERIENCE: Complete 9 semester hours from a single theme. Students must take courses from at least two discipline prefixes in the chosen theme with the exceptions of “Appalachian Mountains: Community, Culture, and Land” and “Experiencing Inquiry: How to Ask Questions.”

- American Culture: Past and Present:** ___ ANT 2235 (SS), ___ COM 3130, ___ ENG 2120 (LS), ___ HIS 2525 (HS), ___ IDS 2000, ___ REL 3110, ___ S W 2020 (SS)
- Appalachian Mountains: Community, Culture, and Land:** ___ A S/MUS 2016 (FA), ___ A S 2200 (LS), ___ A S/GLY 2301, ___ A S 2411 (SS), ___ A S 3000, ___ HIS 3726 (HS), ___ SOC 3710 (SS)
- Cultivating Creative Expression:** ___ ART 2022 (FA), ___ ENG 2360 (LS), ___ MUS 2022 (FA), ___ THR 2022 (FA)
- Experiencing Inquiry: How to Ask Questions:** ___ WRC 2201 (LS), ___ WRC 2202 (HS), ___ WRC 3000 (SS), ___ WRC 3203 (FA)
- Expressions of Culture:** ___ COM 2124 (SS), ___ DAN 2020 (FA), ___ DAN 2030 (FA), ___ HIS/IDS 3340 (HS), ___ LLC 2050, ___ THR 2020 (FA)
- From Empire to Globalization:** ___ ANT 1415 (SS), ___ ANT 2340 (SS), ___ ENG 2040 (LS), ___ GWS 2525, ___ GLS 2000, ___ HIS 1400 (HS), ___ P S 2120
- How We Know What We Know About the Past: Method, Evidence, Knowledge:** ___ ANT 1420 (SS), ___ ANT 1425 (SS), ___ GLY 1842, ___ HIS 2312 (HS), ___ HIS 2320 (HS), ___ LLC 2045 (LS)
- How We Tell Stories:** ___ C I/ITC 2010, ___ ENG 2170, ___ IDS 3210, ___ LLC 2025 (LS), ___ PHL 1502, ___ REL 2020 (LS), ___ THR 2005 (FA), ___ THR 3640 (FA)
- The Human-Animal Bond:** ___ ENG 2430 (LS), ___ ENG/S D 3715 (LS), ___ GLS 3580, ___ HIS 2150 (HS), ___ PHL 2010, ___ WRC 2100
- Imagination, Innovation, and Meaning:** ___ ANT 2440 (SS), ___ DAN 2010 (FA), ___ HIS 1110 (HS), ___ MUS 2018 (FA), ___ PHL 2013, ___ THR 2010 (FA)
- Intersections: Race, Class, and Gender:** ___ ANT 2420 (SS), ___ ENG 2130 (LS), ___ GWS 2421, ___ MUS 2023 (FA), ___ PHL 3050, ___ P S 3410, ___ SOC 2050 (SS), ___ S W 2615
- Las Américas:** ___ ANT 2300 (SS), ___ GHY 3014 (SS), ___ GLS 3020 (HS), ___ HIS 2301 (HS), ___ HIS 2302 (HS), ___ LLC 2040 (LS), ___ REL 3100, ___ WRC 2400 (FA)
- Revolutions: Social and Political:** ___ ART 2019 (FA), ___ HIS 1501 (HS), ___ HIS 2340 (HS), ___ IDS 3650, ___ MUS 2015 (FA), ___ PHL 3030, ___ SOC 1100 (SS), ___ THR 2017 (FA)
- Social Relations Across Contexts:** ___ COM 2121, ___ HIS 1120 (HS), ___ PSY 2100, ___ PSY 2213 (SS), ___ SOC 1110 (SS)
- Sustainability and Global Resources:** ___ FCS 2110, ___ FER 1000, ___ GHY 1010, ___ IDS 3010, ___ PHL 2015, ___ PHY 1830, ___ S D 2400, ___ TEC 2029 (SS)
- War and Peace:** ___ ANT 2222 (SS), ___ GLS/JHP 2350, ___ HIS/JHP 2300, ___ HIS 3158(HS), ___ HIS 3823 (HS), ___ P S 4225 (SS), ___ REL 3170, ___ SOC 3800 (SS)

LIBERAL STUDIES EXPERIENCE: Complete 12 semester hours from at least three discipline prefixes.

- Anthropology (ANT):** ___ 2100 (SS), ___ 2400 (SS), ___ 2430 (SS), ___ 2700 (SS), ___ 2800 (SS)
- Appalachian Studies (A S):** ___ 2020, ___ 2025
- Apparel Design and Merchandising (ADM):** ___ 1000 (SS)
- Arabic (ARB):** ___ 1050
- Art (ART):** ___ 2011 (FA), ___ 2016 (FA)
- Art History (ARH):** ___ 2030 (FA), ___ 2130 (FA)
- Astronomy (AST):** ___ 1050
- Career and Technical Education (CTE):** ___ 1590
- Chinese (CHN):** ___ 1050
- Commercial Photography (PHO):** ___ 2032
- Communication (COM):** ___ 2105, ___ 3300, ___ 3315
- Criminal Justice (C J):** ___ 3450 (SS)
- Curriculum & Instruction (C I):** ___ C I/R M 2000
- Dance (DAN):** ___ 1431 (FA), ___ 2800 (FA), ___ 3430 (FA), ___ 3435 (FA)
- Economics (ECO):** ___ 2030 (SS), ___ 2040 (SS), ___ 2620 (SS)
- English (ENG):** ___ 1500, ___ 2030 (LS), ___ 2050 (LS), ___ 2060 (LS), ___ 2070 (LS), ___ 2175, ___ 2190 (LS), ___ 2350 (LS), ___ ENG/JHP 3712 (LS)
- Family & Child Studies (FCS):** ___ 2103 (SS), ___ 2111
- Finance (FIN):** ___ 2860
- French (FRE):** ___ 1050 OR ___ 1060 (3 of 6 s.h. count in General Education)
- Gender, Women’s, and Sexuality Studies (GWS):** ___ 2600
- Geography (GHY):** ___ 1020 (SS), ___ 1040 (SS)
- German (GER):** ___ 1050 OR ___ 1060 (3 of 6 s.h. count in General Education)
- History (HIS):** ___ 1101 (HS), ___ 1102 (HS), ___ 1130, ___ 1200 (HS), ___ 1700, ___ HIS/WRC 3210, ___ 3350 (HS), ___ 3728 (HS)
- Honors College (HON)** (restricted to Honors College students): ___ 2515, ___ 3515
- Industrial Design (IND):** ___ 2012 (FA)
- Interdisciplinary Studies (IDS):** ___ IDS/WRC 2204, ___ IDS/WRC 2302, ___ 3025, ___ 3250
- Interior Design (INT):** ___ 1300 (FA)
- Japanese (JPN):** ___ 1050
- Judaic, Holocaust, and Peace Studies (JHP):** ___ JHP/REL 2110 (HS), ___ JHP/ENG 3712 (LS)
- Languages, Literatures, and Cultures (LLC):** ___ LLC/WRC 2030, ___ 3430 (LS)
- Latin (LAT):** ___ 1050
- Music (MUS):** ___ 2011 (FA), ___ 2014 (FA), ___ 2052, ___ 2611 (HS) (2 s.h.), ___ 2612 (HS) (2 s.h.), ___ 2613, ___ 2616 (FA), ___ 3611 (HS) (2 s.h.)
- Nutrition (NUT):** ___ 2351 (SS)
- Philosophy (PHL):** ___ 1000, ___ 1100, ___ 1501, ___ 1503, ___ 2000, ___ 3000 (HS), ___ 3013, ___ 3015, ___ 3020, ___ 3200 (HS), ___ 3550, ___ 3600
- Planning (PLN):** ___ 2410 (SS)
- Political Science (P S):** ___ 1100 (SS), ___ 1200 (SS), ___ 2130 (SS)
- Portuguese (POR):** ___ 1050
- Psychology (PSY):** ___ 1200 (SS), ___ 3010
- Public Health (P H):** ___ 2000 (SS)
- Recreation Management (R M):** ___ R M/C I 2000, ___ 2100 (SS), ___ 2140 (HS)
- Religious Studies (REL):** ___ 1010 (LS), ___ 1100 (SS), ___ 1110, ___ 1115, ___ 1120, ___ 1700, ___ 2010 (LS), ___ 2030 (LS), ___ REL/JHP 2110 (HS), ___ 2120 (HS), ___ 2130, ___ 2150 (HS), ___ 2180, ___ 3120
- Russian (RSN):** ___ 1050
- Sociology (SOC):** ___ 1000 (SS), ___ 2020 (SS), ___ 2850 (SS), ___ 3100 (SS)
- Somatic Sustainability (SSU):** ___ 2460
- Spanish (SNH):** ___ 1050 OR ___ 1060 (3 of 6 s.h. count in General Education)
- Technology (TEC):** ___ 2601
- Theatre (THR):** ___ 2025 (FA), ___ 2030 (FA), ___ 2300 (FA), ___ 2610 (FA), ___ 3730 (FA)
- Watauga Residential College (WRC):** ___ 1104 (6 s.h.) (Restricted to Watauga Residential College students), ___ WRC/LLC 2030, ___ WRC/IDS 2204, ___ WRC/IDS 2302, ___ 2401, ___ 2403 (LS), ___ 2405, ___ WRC/HIS 3210, ___ 3401 (LS), ___ 3402, ___ 3403 (FA), ___ 3665 (LS)